



OMA

Your Association



Advocating for your well-being and the health of Ontarians

Who is the OMA?



43,000 +
Physicians

Subsidiary organizations

 **OMA**
Foundation

 **OMA**
Insurance

OntarioMD 

Members are
at the centre
of everything
we do.



Negotiations

Negotiations is a key priority for the OMA. We negotiate the Physician Services Agreement (PSA) with the Ministry of Health.

The board, CEO, Negotiations Task Force and OMA staff all work together to ensure that the association is aligned and focused on your needs and priorities as it relates to your compensation agreement with the provincial government.

OMA partners with the Ministry of Health in bilateral committees to support negotiations and ensure the interests of our members are brought forward.



Learn more and get the latest updates:
oma.org/negotiations

Advocacy

The OMA advocates for the well-being of our members and the health of Ontarians. Our mission, vision and values outline this commitment and our core values.

We play an important advocacy role on behalf of members, with government (provincial and federal), the public and other stakeholders on major health policies, legislative changes and changes to professional practice.



Board Chair Dr. Cathy Faulds, President Dr. Dominik Nowak, OMA CEO Kimberly Moran, President Elect Dr. Zainab Abdurrahman and immediate Past President Dr. Andrew Park are joined by physicians from across the province on the staircase of the Ontario Legislature as part of the OMA's Queen's Park day on Oct. 22, 2024.

Learn more on active and recent advocacy efforts:
oma.org/advocacy

Offerings at a glance

Unlock a world of benefits: The power of your OMA Membership

From practice management and billing support to wellness, legal and insurance services, and an exclusive discounts program—your OMA membership is an all-in-one toolkit to support your personal and professional well being. More than just resources, it's a partnership designed to help you thrive in your medical career. Select one of the topics below to explore your member benefits.

01 Regional support

02 Practice management

03 Billing support

04 Technology and digital health

05 Legal services

06 Physician health and wellness

07 OMA Advantages Program

08 Insurance solutions

09 Leadership development

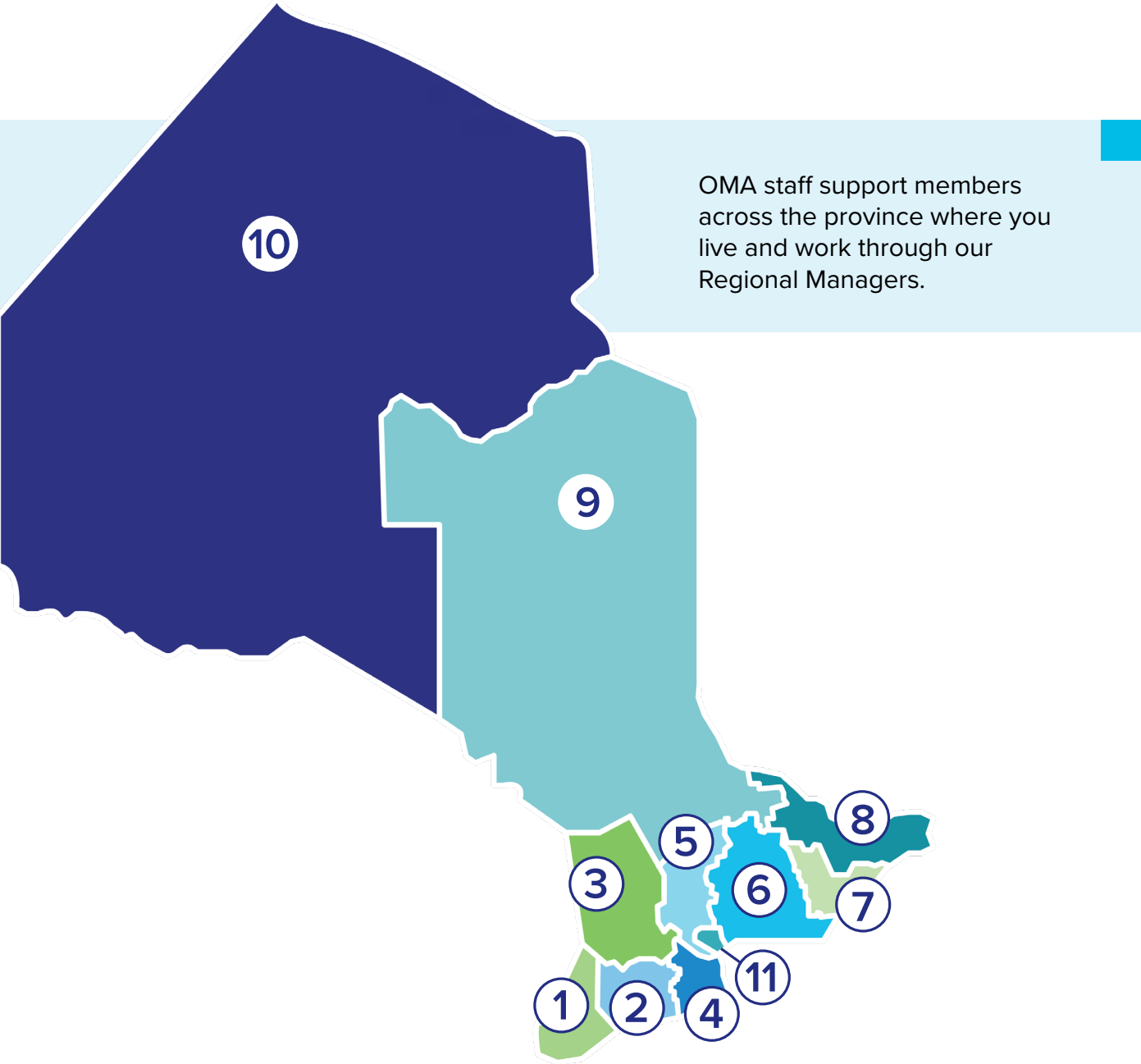
10 Getting involved

11 Ontario Medical Foundation

12 Staying connected

13 Share your feedback/
Contact us

Regional support



Contact your regional manager or constituency team member email: info@oma.org

For more information on the district and Regional Managers, visit: oma.org/member/your-association/governance-and-representation/constituency-groups/

Practice management

From starting, running and closing your practice the OMA is with you every step of the way. We offer solutions to help you navigate the operational side of managing and optimizing your practice.

Resources include (but not limited to):

	Support on starting, managing and closing a practice		Patient care resources, guidelines and templates
	Practice announcement service		Locum resources
	Information on primary care models		Policy and procedure templates for clinic operations
	Resources to optimize clinic operations		Access pre-recorded webinars on our online learning platform OMA Learns

Learn more about the OMA's Practice and Professional support resources at oma.org/member/practice-professional-support

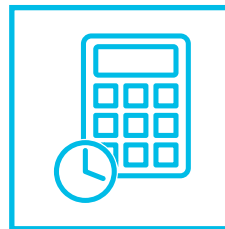
Billing support

The OMA has tools and resources to help you navigate the intricacies of physician billing, helping you improve your net compensation

Some of the resources available:



OHIP billing
education materials
and webinars



Hourly rate calculator



OHIP billing
reference guides



Uninsured service
fee calculator



Physician's Guide to
Uninsured Services



Billing education
and webinars

Contact the OMA for any billing questions and support.
Email: info@oma.org

Technology and digital health

Technology changes rapidly. Through our subsidiary - OntarioMD – we can help you adapt to these changes and implement digital health solutions effectively.



We connect you to the latest digital health tools and teach you how to use them and incorporate them into your certified EMR workflows.

Help from OntarioMD staff is available when it's convenient for you.

OntarioMD support

Tel: 1-866-744-8668

Email: support@ontariomd.com

Legal services

Staff lawyers are available to assist members with a variety of practice-related issues, including:



Incorporation services
and renewal



Other legal issues relating
to clinical practice



Review of contracts with hospitals, universities, clinics, or other institutions
as employees or independent contractors



Enquiries should be directed to OMA legal services.

Email: Legal.Affairs@oma.org

Please send a brief description of your query and any relevant documentation.

Physician health and wellness

OMA's Physician Health Program is a comprehensive and confidential service for a range of physician health matters both personal and professional.

Available services for physicians, residents and medical students (and family members) include:

- Customized support through the PHP intake line
 - Connection to OHIP and private resources (e.g., psychiatrists, psychologists, coaches, peer support).
- Support for physician leaders with assessment and accountability requirements
- Education and workshops on physician health, well-being, and accountability



PHP confidential services

Tel: 1-800-851-6606

Email: php@oma.org

www.php.oma.org

OMA Advantages Program

OMA Advantages connects you with services and product providers to cover your professional and personal needs. Get deals and discounts to save you time and money at every stage of your career.

Business

- Amex Business
- Bond Consulting Group
- CPS Full Access
- Dragon Medical Dictation
- Medline Canada
- Moneris
- Practice Support Directory
- PatientSERV
- Surgo Surgical Supply
- UptoDate



Lifestyle

- Audi
- Bell Mobility
- BMW
- Canada Moving
- GoodLife Fitness
- Perkopolis
- Ripley's Aquarium
- Rogers Wireless
- TELUS
- Tremblant



Travel

- Amex
- Corporate Hotel Directory
- Local Hospitality
- Park' N Fly
- Perkopolis Travel
- Porter Airlines
- VIA Rail



*Discounts listed are subject to change.

Learn more about all the offers available to you through the Advantages discount program.
oma.org/member/member-advantages/oma-discounts

Insurance solutions

Protect what matters most. OMA provides insurance solutions exclusively for physicians and has created comprehensive coverage for every stage of your life and career.



Book an appointment with an OMA Insurance advisor today.
Tel: 1.800.268.7215
Email: omainsurance.com/contact-us

Leadership development

At the OMA, we invest in our members to be leaders in patient care and improving the health-care system.

Leadership opportunities:



Physician
Leadership
Program



Elected leaders
training and support



Yearly scholarship
opportunities with Rotman's
MBA for health care and the
life science program.

Contact the OMA for additional information and how to apply.
Email: info@oma.org

Getting involved

As a physician-led organization, we turn to our members to stand with us and help us create change for you, your colleagues and the health-care system.

Ways to get involved:

- Become a health-care advocate
- Join a committee
- Attend an OMA event
- Send us your ideas
- OMA Connect



Contact the OMA for additional information and how to apply.
Email: info@oma.org or Visit: oma.org/about-the-oma/get-involved/



Ontario Medical Foundation

The Ontario Medical Foundation is taking on the challenge to help advance health equity across the province.

We're helping unblock the barriers to health care by:

- Enabling better health care outcomes
- Ensuring equitable health care
- Empowering future doctors of Ontario

Visit ontariomedicalfoundation.ca for more info.

The Ontario Medical Foundation can achieve a more equitable, effective and efficient health-care system in Ontario.

Donate to the OMF

Charitable registration No.:
130620552 RR 0001

Impact of the OMF

- **Over 2,000 bursaries** awarded to medical students since 2004, totalling more than **\$6M** and currently **125+ bursaries** are given annually
- **Over \$125K** to support **Shoebox Project for Women** and **CampMed**
- **Over \$200K in grants** to address serious issues like **physician well being and burnout** and **northern health**

Staying connected



Download the OMA mobile app and stay connected to all the information.



or



And follow us on:



@OntariosDoctors



@OntMedAssociation



@OntariosDoctors



Ontario Medical Association



Ontario Medical Association



Share your feedback

We appreciate your feedback. Please share your thoughts on the Membership package.

Contact us

The **OMA Response Centre** is available Monday through Friday from 8:45 a.m. to 5 p.m.
Email or speak to a live associate.



Email: info@oma.org



Call: 1-800-268-7215