

# Rachel Forman

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Dear colleagues and friends,

I am running to be OMA President because I wish to lead a strong, effective physician organization, represent a united and engaged membership and assure a healthy physician workforce.

The OMA requires strong leadership to strategically and successfully confront our internal and external challenges, effectively partner in health system transformation and successfully advocate for physicians. I have the necessary skill set and experience to represent Ontario's doctors during this critical time of change.

I work as an obstetrician-gynaecologist in Scarborough and downtown Toronto and reside in District 11 with my husband, an emergency physician, and our four children. I am involved in an academic capacity at the University of Toronto teaching Pharmacology in the MD program.

Since beginning my role on the OMA board over four years ago I have been appointed to key strategic positions, including the CEO Search Committee, the Negotiations Process Review Working Group and currently serve on the Governance and Nominations Committee. As member, chair and then board representative of the Outreach to Women Physicians Committee I traveled across Ontario, meeting with women physicians to better engage them with the OMA. Through this work I have helped bring forward diverse viewpoints and significantly increased engagement of female physicians in medical politics. During the extremely challenging times faced by the organization in 2017 I was appointed as OMA spokesperson and, in that role, represented the membership to both media and government.

I know that with an engaged, united membership we will be well positioned to advocate for physicians, challenge government actions when necessary, promote the well-being of members and assure our profession's ability to provide quality care to patients now and in the future.

These are crucial times for health care in Ontario. I am confident that I possess the right mix of ability, energy, commitment, and experience to effectively lead the OMA and contribute in a meaningful way to moving our organization forward.

## Platform:

### 1. Improved OMA

As your President I will work to assure governance excellence, organizational transparency and effective member representation. The OMA must support all members, regions, and physician groups, ensure member dues are used efficiently, and be an innovative, adaptable and forward-looking organization. OMA leadership must be representative of the diversity of the physician workforce and advocate for medical students and trainees – the physician workforce of the future.

### 2. Physician Wellness

As your President I will ensure the OMA takes a leadership role in assuring that Ontario's physicians remain healthy so that they can continue to provide outstanding patient care. Heavy workloads combined with system challenges create unique risks for long-term physician well-being. Supporting physician wellness must be among the organization's top priorities.

### 3. Physician Leadership in the System

As your President I will make certain that the OMA and front-line physicians play a fundamental role in health system transformation. We must be respectfully and meaningfully engaged as essential partners with government in assuring a high-functioning health care system for patients and providers.

# Dr. Rachel Forman

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## CURRENT APPOINTMENTS

- Staff Physician, Fertility and Reproductive Medicine Centre, Scarborough
- Staff Physician, CReATe Fertility Centre, Toronto
- Department of Obstetrics and Gynecology, The Scarborough Health Network
- Department of Pharmacology and Toxicology, University of Toronto
- Faculty Council, University of Toronto

## EDUCATION

- Fellow of the Royal College of Physicians and Surgeons of Canada (FRCSC) – Obstetrics and Gynaecology
- Doctor of Medicine, Faculty of Medicine, University of Toronto
- Master of Science in Pharmacology, School of Graduate Studies, University of Toronto

## PUBLICATIONS AND PRESENTATIONS

- 15 Peer reviewed publications
- 13 Scientific presentations

## SELECTED ACTIVITIES & POSITIONS HELD

- Ontario Medical Association, Board of Directors, District 11
- Canadian Medical Association, Board of Directors, Ontario representative
- Ontario Medical Association, Spokesperson
- Pharmacology Theme Coordinator – Clinical, MD Program, Faculty of Medicine, University of Toronto (2013-18)
- Outreach to Women Physicians Committee (Member and Committee Chair)

## OTHER TRAINING AND EXPERIENCE

- Fellowship in Reproductive Endocrinology and Infertility, University of Toronto
- Not-for-Profit Governance Essentials Program, The Institute of Corporate Directors and The University of Toronto's Rotman School of Management Executive Programs

## AWARDS

- 3<sup>rd</sup> Annual Summer Institute in Maternal-Fetal Pharmacology, CIHR-IHDCYH and NICHD-NIH
- F.M. Hill Award for Humanitarianism, Department of Medicine, University of Toronto
- Astra Presentation Award, Annual Meeting, Canadian Society for Clinical Pharmacology
- Travel Award, Canadian Fertility and Andrology Society, Samuel Lunenfeld Research Institute
- Trainee Award, Canadian Society for Clinical Investigation Annual Meeting
- W. T. Aikins Award, For Excellence in Development and Use of Innovative Instructional Methods, Faculty of Medicine, University of Toronto (nominated, finalist).

## PROFESSIONAL INTERESTS

- Medical trainee and physician wellness
- Medical Education: Innovative uses of technology for instruction
- Leadership development: Focus on women physicians
- Organizational governance
- Reproductive Endocrinology and Infertility
- Maternal-Fetal Pharmacology and Toxicology

## CONTACT INFORMATION

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